



Teaching^(*) from a Renewed Posture

A 5 hour-workshop in movement to ease back-to-school season

Geneviève Emond, Ph.D., MUZA

Friday August 20 and Saturday August 21, 2021 in Lausanne with Sabine Oppliger

Friday September 10 and Saturday September 11, 2021 in Montreal with Florence Lebeau

<https://muzaeducation.com>



A somatic and reflexive encounter designed to ease back-to-school season, inspired by a binational action-research conducted during COVID-19 pandemic period.

Themes tackled: relationship to one's own self (body), others, time, space, technologies, institutions

Mobilization of specific actions to foster a solid return to school and university in a renewed posture, after many months of distancing from one another and experiencing constraints.

A 5-hour workshop in Lausanne

Friday August 20, 2021, 7 to 9 PM

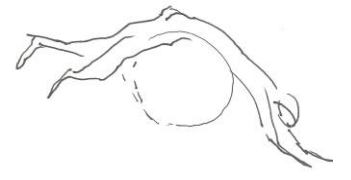
Saturday August 21, 2021, 9 to 12 AM

Centre St-Jacques, ave. du Léman 26

Participation : 60 CHF

Inscriptions: admin@muzaeducation.com

Explorations in movement, combined with reflection exercises, will engage you to perform specific actions for a fresh return with vitality to school and university.



(*) Our work takes roots in the fields of study of teaching and training. Our mentoring approach and themes tackled can also be beneficial for everyone wishing to strengthening his or her professional or personal actions, including study projects.